



the week of  
October 26 – 31



DAY ONE SERVE Read John 13:12-17

2,000 years ago in Jesus' culture, washing people's feet was a common practice. Why? Because people wore sandals, they walked most of the places they went, no animals were "crate trained" (gross, I know), and roads were made out of dirt. So if you visited someone's house, often there would be a servant there who washed your disgusting feet. So you can imagine how surprising it was for the disciples to see Jesus take on that role. He was the leader, the guy in charge, the one they all looked up to. And He's doing the job of a servant?

I love what Jesus says in verse 14: *I am Lord and Teacher*. He didn't bring that up to make His friends feel small—it simply was the truth. He was making a point that no matter what our position is, how much influence we have, how great we are, or how great we think we are, it should never keep us from serving our friends.

This was an upside down way for people to see each other. It was normal and understandable for everyone to simply look out for themselves. And the more influence and power someone had, the less they had to serve. Jesus wasn't just trying to shock people—He was setting an example for His friends to follow, and for you and I to follow today. We should **be the friend we want to have**.

IN YOUR CHAIR TIME TODAY

As you invite God into your day today, take a few minutes to memorize John 13:14-15. Ask God to help you be like Jesus today as you look for ways to serve your friends and family rather than focusing on what they should do for you.

DAY TWO Read 1 John 3:11-15

Read the passage and then choose one verse/thought related to your words and answer one of these three questions:

1. What does it say about God?
2. What does it say about you?
3. What does it say about others?

As you spend time in the Chair today, talk to God about what you read/learned and respond appropriately to it.

DAY THREE EQUATION Read John 13:34-35

In one of Jesus' final conversations with his disciples, he gives them this powerful command, *As I have loved you, so you must love one another. By this everyone will know that you are my disciples...* (John 13:34b-35). While the command seems simple, most of us can attest it isn't easy to live on a daily basis.

Someone has said this command contains three parts and can be seen as an equation. First, we experience Christ's love. Second, we express to others that love which we've received. Then, as we exhibit (or show) his love, the watching world around us is impacted for the cause of Christ.

The equation looks like this:

**Experience Christ's love + Extend Christ's love = Exhibit his love to a watching world.**

When we experience Christ's love and extend it towards others, the world takes notice and is drawn to Jesus.

IN YOUR CHAIR TIME TODAY

As you open your hands and welcome God into your day, take a moment and to reflect on these verses and ask God to let them become a motivation as to why we're to love each other.

DAY FOUR Read 1 John 3:16-20

Read the passage and then choose one verse/thought related to your words and answer one of these three questions:

- Is there a sin to avoid?
- Is there a promise to claim?
- Is there a command to obey?
- Is there an application to make?
- Is there something new about God?

As you meet with God today, talk to Him about what you read/learned and respond appropriately to it.